



The
Racket Club

MENU

PRE MATCH

LEMONADES ^{60cl}

Lemon	4
Lime & Mint	4
Lime & Apple	4

SMOOTHIES

Match Point Strawberries or berries, apple juice, honey	7
Green Rally Apple, cucumber, fresh ginger, apple juice	7
Golden Ace Banana, yoghurt, honey, milk Contains:6	7

JUICES ^{25cl}

Apple Juice	3.5
Orange Juice	3.5
Fresh Apple Juice	5
Fresh Carrot Juice	5
Fresh Orange Juice	5

COFFEE (Coffees are also available decaffeinated)

Single Espresso	3.5
Espresso Macchiato	4
Double Espresso	4
Cappuccino Contains:6	4
Caffè Latte Contains:6	4
Hot Chocolate Contains:6	4
Freddo Espresso	4.5
Freddo Cappuccino Contains:6	4.5
Iced Latte	4.5
Frappé	4

TEA

Tea Selection

Chamomile, Earl Grey, Mint, Peppermint, English Breakfast, Jasmine, Green Tea 4

Iced Tea (Lemon or Peach)	3.5
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DURING MATCH

WATERS

Acqua Panna ^{50cl}	3
Acqua Panna ^{75cl}	5.5
San Pellegrino ^{50cl}	3.5

FUNCTIONAL DRINKS ^{60cl}

Focus VITAMIN AQUA B+	4
Immunity VITAMIN AQUA C+	4
Balance VITAMIN AQUA Mg	4
Red Bull ^{25cl}	5

SOFT DRINKS ^{25cl}

Soft Drinks Coca-Cola, Coca-Cola Zero, Sprite, Mirinda Orange, Soda Water	3.5
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PREMIUM TONICS & SODAS ^{20cl}

Three Cents Soda Water	4.5
Three Cents Tonic Water Classic tonic with balanced quinine structure	4.5
Three Cents Pink Grapefruit Soda Fresh citrus aroma with vibrant acidity	4.5

MOCKTAIL

Aphrodite Hills Lemonade Lemonade, soda, mint, simple sirup	6
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AFTER MATCH

PROTEIN & RECOVERY

Milkshake Hi Protein Chocolate USN ^{50cl}	5.5
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WINES

Contains:13

Zardetto Prosecco (Italy) ^{20cl}	7
Moët & Chandon Champagne (France) ^{20cl}	42
Tsangarides Winery White Rosé Red (Cyprus) ^{18.7cl}	6

CLASSIC COCKTAIL

Aperol Spritz Aperol, sparkling wine, soda water Contains:13	10
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BEERS & CIDER

KEO Draught ^{25cl} Contains:1	4
KEO Draught ^{50cl} Contains:1	5
Staropramen Premium Draught Beer ^{25cl} Contains:1	4.5
Staropramen Premium Draught Beer ^{50cl} Contains:1	6.5
Peroni ^{33cl} Contains:1	6
Corona ^{33cl} Contains:1	6

Guinness ^{44cl} Contains:1	7
Carlsberg 0.0 ^{33cl} Contains:1	4.5
Kopparberg Strawberry & Lime ^{33cl} Contains:13	6

SPIRITS ^{5cl}

Contains:13

Grey Goose Vodka	13
Hendrick's Gin	10
Diplomático Reserva Rum	11
Patrón Silver Tequila	13
Johnnie Walker Black Label Whisky	10

Mixer Add-On

Soft Drinks (Coca-Cola, Coca-Cola Zero, Sprite, Mirinda Orange, Soda Water)	1.5
Juices (Orange, Apple)	1.5
Three Cents Soda Water	3
Three Cents Tonic Water	3
Three Cents Pink Grapefruit Soda	3
Red Bull	3

FOOD

An athlete-conscious menu featuring balanced choices rich in protein, carbohydrates and electrolytes to support energy, performance and recovery. Please check our display for extra food offerings

BREAKFAST MENU 09:00 – 12:00

Brioche Sandwiches

Egg Brioche 10

Creamy egg filling served in a soft brioche bun | Contains: 1,4,6,7,8,9,11,12,13,16

Tuna & Cucumber Brioche 10

Light tuna paired with fresh cucumber and baby greens | Contains: 1,4,6,7,8,9,11,12,13

Fitness Protein Bread Open Face Sandwich 10

Turkey, egg & lettuce salad in protein bread, dried apricots, mustard yogurt lime dressing | Contains: 1,6,7,8,9,13

Smoked Salmon Croissant 12

Greek yoghurt, pickled cabbage sweet chilli relish, cucumber | Contains: 1,4,5,6,8,9,13

American Pancakes

Classic 14

Maple syrup, fresh berries | Contains: 1,4,6

Banana & Nutella 12

Banana slices, warm Nutella | Contains: 1,4,6,8

Healthy Pancakes 12

Greek yogurt, honey and fresh fruits | Contains: 1,4,6

Healthy Selection

Granola Yogurt Bowl 12

Greek yogurt with granola and fresh fruits | Contains: 6,7,9

Energy Bars 5

A selection of energy bars – please refer to our display | Contains: 7,9,1

Fresh Fruit Salad | Contains: 16 8

ALL DAY MENU 11:00 – 17:00

Fresh Display Selection

Croissants, savoury pies, muffins and wraps available daily

Vegan Wrap V (Cold or Hot) (200 gr) **10**

Hummus, avocado, black beans, lettuce, pickled cabbage, grilled peppers & carrots |
Contains: 1,5,6,8,9,10,11,12,13

Chicken Power Tortilla (200 gr) **10**

Grilled chicken, avocado, sweet corn, mixed greens, cabbage-mango-carrot relish,
yogurt dressing | Contains: 1,5,6,8,9,10,11,12,13

Power Bowls

Racket Club Açaí Energy Bowl **13**

Açaí, coconut milk, granola, berries, banana and mixed nuts | Contains: 1,9

Vegan Power Bowl **13**

Wakame, avocado, tofu, edamame, baby beets, cucumber, carrots and chia seeds,
sesame soy dressing | Contains: 1,8,12,13

High Energy Poke Bowl **12**

Wild rice, soya beans, avocado, mango, wakame, red peppers, sweet corn, sesame soy
dressing | Contains: 8, 12, 13

Add Grilled Chicken or Salmon **5**

Salads

Athletes Salad **13**

Warm cottage cheese, strawberries, cucumber, mixed greens, bell peppers and
balsamic lime dressing | Contains: 6,8,11,13

Deconstructed Greek Salad **13**

Tomatoes, cucumber, green peppers, red onion feta cream, olives, capers, oregano,
vinaigrette, barley rusks | Contains: 1,6,13

DINNER MENU 17:00 – 21:00

Salads & Bowls

Quinoa Bowl	12
Pomegranate, avocado, greens, balsamic vinaigrette bowl	
Add grilled chicken or grilled salmon Contains: 8,11,13	5
Mixed Garden Greens salad	12
Cherry tomatoes, cucumber, haloumi	
& pita crisps	
Add grilled chicken Contains: 1,6,11,13	

Sandwiches and Burgers

All served with sweet potato fries and mango slaw

Pulled Pork Bao Burger	16
Slow-cooked pork, light barbecue glaze, pickled vegetables mango relish, cucumber, fresh herbs & lime Contains: 1,4,6,7,8,9,11,12,13	
Homemade Classic Beef Pao Burger	16
Cheddar lettuce, tomato, BBQ pickled mayo Contains: 1,4,6,7,8,9,11,12,13	
Grilled Chicken Ciabatta	15
Yogurt marinade, pickled vegetables mango relish, grilled peppers, lettuce Contains: 1,4,6,7,8,9,11,12,13	
Crispy Panko Chicken Kids' favourite	15
Panko crusted chicken tenders, lettuce, sweet corn, honey mustard Contains: 1,4,6,7,8,9,11,12,13	
Halloumi Power Wrap V	13
Grilled halloumi, avocado, cherry tomatoes, mixed greens, pickled cabbage & yogurt lemon sauce Contains: 1,4,11,13	

Performance Baked Sweet Potatoes

5

Choice of one below:

Cheddar and Chives Contains: 4, 6, 13

Cream cheese and crispy onions Contains: 4, 6, 13

Smoked bacon and cheddar cheese | Contains: 4, 6, 13

all of the above are served with salad leaves, sour cream & chives

Sides

5

Choice of one below:

Sweet Potato Fries| Contains: 1, 17

Cabbage Slaw | Contains: 13, 17

Mixed green leaves & avocado house vinaigrette | Contains: 13, 17

Fruits and Desserts

Coconut Water Infused Fruit Salad

8

Seasonal fruits gently refreshed with natural coconut water for light hydration |
Contains: 17

Dessert display

Kindly refer to our display for today's handcrafted dessert creations

-  1 Gluten / Γλουτένη
-  2 Crustacean / Οστρακοειδή
-  3 Molluscs / Μαλάκια
-  4 Egg / Αυγό
-  5 Fish / Ψάρι
-  6 Milk / Γάλα
-  7 Peanuts / Φυστίκι
-  8 Soy / Σόγια
-  9 Tree Nuts / Ξηροί Καρποί
-  10 Celery / Σέλινο
-  11 Mustard / Μουστάρδα
-  12 Sesame / Σουσάμι
-  13 Sulphur Dioxide & Sulphites / Διοξείδιο του Θείου & Θειώδη Άλατα
-  14 Lupin / Λούπινο
-  15 Hot / Καυτερό
-  16 Vegetarian / Χορτοφαγικό
-  17 Vegan / Ολική Χορτοφαγία

Allergens & Notices

Please note that all known allergens are used within our kitchens, bars and restaurants, therefore we cannot guarantee an allergen-free environment.